

November 7, 2009

## 2009 Coca Cola Classic

### 5K Race Results

Overall Male Winner:	Josh Blue (20-24)	16:37
Overall Female Winner:	Shelby Houlihan (15-19)	18:10
Masters Male Winner:	Jeff Herrick (40-44)	19:16
Masters Female Winner:	Lisa Ryan (40-44)	18:32

### Age Group Results

#### 14 & Under Male

1. Sheehan Levine 21:01
2. Darrian Irlbeck 22:34
3. Jace Graves 24:09

#### 14 & Under Female

1. Samantha Birkes 24:17
2. Alexis Irlbeck 25:39
3. Sky Silvas 30:02

#### 15-19 Male

1. Matt Samuelson 17:53
2. Joe Herzberg 19:12
3. Jeffery Herrick 21:22

#### 15-19 Female

1. Jenna Prieksat 24:44
2. Erin Owen 27:40

#### 20-24 Male

1. Jacob Flaws 18:04
- 2.
- 3.

#### 20-24 Female

1. Jill Becker 22:58
2. Jenn Gieselman 24:44
3. Amanda Arens 26:58

#### 25-29 Male

#### 25-29 Female

1. Karl Pauling 23:53
- 2.
- 3.

### 30-34 Male

1. Greg Meister 18:09
2. Jacob Jaerger 18:12
3. Chris Benson 19:30

### 35-39 Male

1. Bryan Betzold 17:43
2. Steve Joyce 19:22
3. Chad Dean 19:26

### 40-44 Male

1. Lance Sweet 19:17
2. Michael Weltz 20:11
3. Keith Tindall 21:02

### 45-49 Male

1. Phil Skamser 21:06
2. Jim Workman 22:00
3. Sam Prue 23:21

### 50-54 Male

1. Tom Benzoni 19:44
2. Timothy Heaton 20:01
3. Alan Mills 20:28

### 55-59 Male

1. Gary Peters 20:26
2. Rick Pyburn 23:02
3. Clarence Mason 23:18

1. EmilyBenson 25:30
2. Katie Tucker 26:18
3. Laura Buresh 29:05

### 30-34 Female

1. Molly Radigan 19:33
2. Melanie Hartung 22:30
3. Lisa Welte 25:35

### 35-39 Female

1. Jane Hettinger 24:11
2. Kristy East 24:43
3. Norita Breyfogle 24:56

### 40-44 Female

1. Cindy Nitzschke 24:57
2. Michele Kirkendall 25:45
3. Donna Tindall 27:42

### 45-49 Female

1. Carol Hohenthauer 22:09
2. Jona McDermaid 22:15
3. Barb Gebers 23:45

### 50-54 Female

1. Connie Houlihan 18:43
2. Carol Smith 24:52
3. Lori Harding 27:00

### 55-59 Female

1. Carol Clark 29:57
2. Barb Haley 31:52

### 60-64 Male

1. Ray Weier 24:27
2. Larry Jerge 24:52
3. Bob Houlihan 26:06

### 60-64 Female

1. Lynn Johnson 29:09
- 2.
- 3.

### 65-69 Male

1. Jim Hess 25:49
2. Marlin Binnebose 27:25
3. Ken Reimer 25:44

### 65-69 Female

1. Fran Gilg 31:16
2. Martha McMinn 44:31
3. Gloria Urban 48:01

### 70 & over Male

1. Paul Miller 25:44

### 70 & over Female

- 1.

## Overall Results

1.	Josh Blue	M20-24	16:37
2.	Bryan Betzold	M35-39	17:43
3.	Matt Samuelson	M15-19	17:53
4.	Jacob Flaws	M20-24	18:04
5.	Greg Meister	M30-34	18:09
6.	Shelby Houlihan	F15-19	18:10
7.	Jacob Jaerger	M30-34	18:12
8.	Lisa Ryan	F40-44	18:32
9.	Connie Prince-Houlihan	F50-54	18:43
10.	Joe Herzberg	M15-19	19:12
11.	Jeff Herrick	M45-49	19:16
12.	Lance Sweet	M40-44	19:17
13.	Steven Joyce	M35-39	19:22
14.	Chad Dean	M35-39	19:26

15.	Chris Benson	M30-34	19:30
16.	Molly Radigan	F30-34	19:33
17.	Tom Benzoni	M50-54	19:44
18.	Timothy Heaton	M50-54	20:01
19.	Michael Weltz	M40-44	20:11
20.	Gary Peters	M55-59	20:26
21.	Allan Mills	M50-54	20:28
22.	Wayne Heuer	M50-54	20:31
23.	Jeffrey Blue	M50-54	20:52
24.	Sheehan Levine	M14&under	21:01
25.	Keith Tindall	M40-44	21:02
26.	Phil Skamser	M45-49	21:06
27.	Jeffrey Herrick	M15-19	21:22
28.	Aaron Christians	M30-34	21:30
29.	James Dean	M30-34	21:53
30.	Jim Workman	M45-49	22:00
31.	Carol Hohenthauer	F45-49	22:09
32.	Jona McDermaid	F45-49	22:15
33.	Randy Kramer	M50-54	22:25
34.	Melaine Hartung	F30-34	22:30
35.	Darrian Irlbeck	M14&under	22:34
36.	Jill Becker	F20-24	22:58
37.	Rick Pyburn	M55-59	23:02
38.	Clarence Mason	M55-59	23:18
39.	Sam Prue	M45-49	23:21
40.	Andrew Atchison	M15-19	23:24
41.	Barb Gebers	F45-49	23:45
42.	Karl Pauling	M25-29	23:53
43.	William Newton	M45-49	23:56
44.	Bill Weber	M50-54	24:00
45.	Jace Graves	M14&under	24:09

46.	Marti Reilly	M45-49	24:09
47.	Jane Hettinger	F35-39	24:11
48.	Samantha Birkes	F14&under	24:17
49.	James Herrick	M14&under	24:23
50.	Ray Weier	M60-64	24:27
51.	Troy Beam	M35-39	24:31
52.	Kristy East	F35-39	24:43
53.	Jenna Prieksat	F15-19	24:44
54.	Jennifer Gieselman	F20-24	24:44
55.	Carol Smith	F50-54	24:52
56.	Larry Jerge	M60-64	24:52
57.	Norita Breyfogle	F35-39	24:56
58.	Cindy Nitzschke	F40-44	24:57
59.	Larry Post	M45-49	24:59
60.	Karla Olson	F35-39	25:06
61.	Zach Innam	M14&under	25:10
62.	Mark Lamkin	M55-59	25:11
63.	Ken Larned	M35-39	25:24
64.	Bob Hughes	M50-54	25:29
65.	Emily Benson	F25-29	25:30
66.	Tyler Christians	M14&under	25:34
67.	Lisa Welte	F30-34	25:35
68.	Adam Christians	M30-34	25:35
69.	Alexis Irlbeck	F14&under	25:39
70.	Paul Miller	M70& over	25:44
71.	Michele Kirkendall	F40-44	25:45
72.	Jim Hess	M65-69	25:49
73.	Sandy Yaggie	F45-49	25:50
74.	Kelly Gallego	M35-39	25:54
75.	Eve Sanford	F30-34	25:58
76.	Julie Goth-Avery	F45-49	26:05

77.	Bob Houlihan	M60-64	26:06
78.	Alec Mark	M15-19	26:07
79.	Grant Gieselman	M50-54	26:09
80.	Carla McBride	F35-39	26:12
81.	Brandon East	M35-39	26:17
82.	Katie Tucker	F25-29	26:18
83.	Darrell Lagley	M40-44	26:25
84.	Jaime Manz	F30-34	26:36
85.	Jeff Nelson	M40-44	26:39
86.	Amanda Arens	F20-24	26:58
87.	Lori Harding	F50-54	27:00
88.	Alez Fernando	M14&under	27:09
89.	Kylie Smith	F20-24	27:21
90.	Tammy Small	F50-54	27:23
91.	Marlin Binnebose	M65-59	27:25
92.	Erin Owen	F15-19	27:40
93.	Donna Tindall	F40-44	27:42
94.	Michelle Coury	F20-24	27:47
95.	Mary Koogler	F35-39	27:50
96.	Jo Dee Weltz	F40-44	27:57
97.	Mia Sudo	F50-54	28:02
98.	Jordan Muilenburg	M15-19	28:07
99.	Melanie Graves	F40-44	28:21
100.			
101.	Kayla Anderson	F20-24	28:29
102.	Chris Norvell	M35-39	28:30
103.	Jill Flynn	F45-49	28:33
104.	Sherri Quandt	F50-54	28:45
105.	Cindee Evenson	F50-54	28:49
106.	Alan Bergquist	M40-44	28:58
107.	Wendi Hess	F35-39	29:05

108. Laura Buresh	F25-29	29:05
109. Ken Chamberlain	M35-39	29:09
110. Charlotte Schumacher	F20-24	29:31
111. Lynn Johnson	F60-64	29:46
112. Carol Clark	F55-59	29:57
113. Kara Lerssen	F35-39	30:02
114. Sky Silvas	14&under	30:02
115. Carolyn Wright	F25-29	30:04
116. Tifany Wright	F30-34	30:17
117. Ken Reimer	M65-59	30:42
118. Deb Muilenburg	F45-49	30:44
119. Melissa Eischeid	F25-29	31:05
120. Sara Friedrichsen	F20-24	31:14
121. Fran Gilg	F65-59	31:16
122. Edward Solomon	M45-49	31:17
123. Mike Rickert	M60-64	31:18
124. Doug Muilenburg	M45-49	31:34
125. Jordan Pace	F14&under	31:50
126. Barb Haley	F55-59	31:52
127. Stefanie Osterhaus	F35-39	31:55
128. Jackie Kramer	F50-54	32:06
129. Susan Mills	F50-54	32:12
130. Paddy Friedrichsen	F30-34	32:34
131. Melanie Dickson	F30-34	32:56
132. Brooke Chamberlain	F25-29	33:00
133. Brenda Swanson	F35-39	33:01
134. Sara Haley	F25-29	33:02
135. T.J. Hardy	M15-19	33:06
136. Jennifer Christians	F25-29	33:21
137. Teri Scott	F40-44	33:32
138. Leslie Erickson	F50-54	33:57

139. Brenda Gengler	F45-49	34:09
140. Diana Haldin	F45-49	34:22
141. Charles Silva	M35-39	35:47
142. Duncan Wright	M40-44	36:22
143. Angela Loutsch	F25-29	36:33
144. Summit Nielson	F14&under	37:03
145. Jason Nielson	M35-39	37:07
146. Noreen O'Shea	F50-54	37:39
147. Janet Fuller	F40-44	37:45
148. Dana Garrett	F30-34	40:29
149. Amber Wisner	F30-34	40:30
150. Melissa Simon	F30-34	40:33
151. Lisa Bockelman	F35-39	41:23
152. Lana Casey	F35-39	41:24
153. Susan McGuire	F40-44	43:01
154. Heaven Silvas	F14&under	43:42
155. Izzy Tello-Green	F14&under	43:46
156. Jonette Spurlock	F40-44	44:30
157. Martha McMinn	F65-69	44:31
158. Gloria Urban	F65-69	48:01

## **1K Kids Race**

1. Phoenix Larned 4:18 (1<sup>st</sup> Place Male)
2. Corbin Dean 4:19
3. Kolby Dean 4:35
4. Kali Ryan 4:43 (1<sup>st</sup> Place Female)
5. Dayson Tucker 5:08
6. Nolan Osterhaus 5:09
7. Tyler Tucker 5:18
8. Kelsi Ryan 5:55

9. Emily Chamberlain 6:01
10. Kaia Downs 6:05
11. Denali Nielsen 6:15
12. Kyler Dean 7:07
13. Lydia Heald 7:20
14. Wrylee Osterhaus 8:06
15. Cailin Reimer 8:29
16. Jackson Lewis 9:39