

**Missouri River Runners Track Meet
August 13, 2006
South Sioux City, Neb.**

FEMALE DIVISION

2 years

50—Kaia Downs 35.41

100—Kaia Downs 44.52

3 years

Long Jump—Jessica Betzold 2-0

100—Jessica Betzold 36.19

4 years

Long Jump—Alicia James 1-9.5

50—Alicia James 17.08

100—Alicia James 37.67

5 years

Long Jump—Katie Meister 4-7.75

50—Katie Meister 15.02

100—Katie Meister 29.78

6 years

Long Jump—Kalyope Miller 6-5; Emma Gaes 5-3.5

50—Emma Gaes 10.60; Claire Herbst 10.72; Kalyope Miller 10.86

100—Kalyope Miller 21.64; Emma Gaes 21.92

200—Kalyope Miller 47.67; Emma Gaes 52.04

400—Kalyope Miller 1:52.77

7 years

Long Jump—Andrea Anbele 8-8.75

50—Andrea Anbele 10.61

100—Andrea Anbele 20.64

200—Andrea Anbele 46.04

8 years

Long Jump—Brooklyn Olesen 7-3.25; Keely Steffen 7-1.5

100—Keely Steffen 19.77

200—Keely Steffen 43.82

9 years

Long Jump—Rebecca Meister 7-8.5

100—Rebecca Meister 22.08

200—Rebecca Meister 48.40

10 years

Long Jump—Sydney Smith 9-2.75; Emily Snyder 9-2.75

100—Mariah Franklin 16.08; Emily Snyder 17.08; Sydney Smith 18.98

200—Emily Snyder 36.23; Mariah Franklin 36.38; Sydney Smith 41.20

400—Alyssa Nash 1:31.03

1600—Alyssa Nash 6:57.20 (**NEW RECORD**, old mark 7:07.6 by Hillary Palsma)

11 years

100—Brooke Herbst 16.37; Vianna Miller 20.06; Justine Miller 20.38

200—Brooke Herbst 34.83; Vianna Miller 44.37; Justine Miller 45.92

12 years

Long Jump—Brittney Copple 8-8

200—BriAnna Copple 36.51; Brittney Copple 39.87

1600—Brittney Copple 6:57.83

14 years

100—Erica Fields 16.04

400—Dannika Nash 1:18.53

1600—Dannika Nash 6:49.59

15 years

100—Danielle Merchant 13.51

16 years

100—Kayla Greve 13.62

200—Kayla Greve 30.01

400—Kayla Greve 1:05.90 (**NEW RECORD**, old mark 1:06.26 by Julie Smith)

20-29

100—Julie Johnston 16.34

200—Julie Johnston 34.15

400—Julie Johnston 1:18.91

800—Julie Johnston 3:15.77

1600—Julie Johnston 6:22.99

MALE DIVISION

2 years

Long Jump—Gabriel Toffla 2-3

50—Gabe Nash 29.59

3 years

50—Michael Saulsbury 16.44

4 years

Long Jump—Luke Olesen 2-0.75

50—Raymond Totah 11.34; Zion Robinson 13.14; Luke Olesen 14.09

100—Luke Olesen 26.57; Zion Robinson 28.09

200—Raymond Totah; Zion Robinson

5 years

Long Jump—Dillon Hennings 5-6

50—Micah McWell 10.09; Dillon Hennings 11.97

100—Micah McWell 20.84; Dillon Hennings 23.70

200—Micah McWell 56.56

6 years

Long Jump—Charlie Saulsbury 4-2.5

50—Charlie Saulsbury 10.86

100—Charlie Saulsbury 22.23

200—Charlie Saulsbury 48.12

400—Charlie Saulsbury 1:46.26 (**NEW RECORD**, old mark 1:47.0 by Connor Heyl)

7 years

Long Jump—Isaiah James 5-1

50—Isaiah Galbavy 9.23; Ezekiel Robinson 9.42; Landon Smith 9.66; Ben Martian 10.20; Isaiah James 11.72

100—Isaiah Galbavy 18.99; Ezekiel Robinson 39.74; Landon Smith 41.00

200—Isaiah Galbavy 39.07

400—Ezekiel Robinson 1:42.99

8 years

200—Dominic Flemister 32.86; Noah McWell 38.36

9 years

Long Jump—Austin Reitz 10-5.5; Wade Martian 7-8; Trooper James 6-11

200—Austin Reitz 34.10; Darnell Smith 39.08; Wade Martian 41.32

800—Darnell Smith 3:22.92

10 years

Long Jump—Marcus Redwing 8-4.5

13 years

Long Jump—Justin Heitman 13-2; Jordan Hansen 13-0

100—Jordan Hansen 14.93

200—Jordan Hansen 31.42

15 years

Long Jump—Tyler Heitman 18-8.5

100—Tyler Heitman 12.06; Ethan Smith 12.90

400—Ethan Smith 1:04.39; Damian Brand 1:07.66

800—Damian Brand 2:46.0

1600—Damian Brand 5:31.54

3200—Damian Brand

16 years

Long Jump—David Thomas 15-10

200—David Thomas 26.31

400—David Thomas 59.83; Austin Mayer 1:04.43

17 years

100—Hamza Mohamed 15.56

1600—Hamza Farah 5:16.46

18 years

800—Ed Graf 2:13.10; Jacob Smith 2:28.01

20-29

Long Jump—Isi Oamen 21-10

100—Isi Oamen 11.83; Jama Farah 12.67

400—Jama Farah 55.23; Isi Oamen 1:03.79; Tony Marx 1:04.84

800—Greg Meister 2:01.78; Tony Marx 2:47.41

30-39

800—David Nash 1:58.19

50-59

3200—Rex Rundquist