

# Missouri River Runners All-Comers Track Meet South Sioux City, Neb.

**June 12, 2005**

## Female

### 3-year-olds

Long Jump—1, Avery Palsma 3-9

50—1, Katie Meister 16.16; 2, Avery Palsma 17.03

100—1, Avery Palsma 35.41

200—1, Avery Palsma 1:35.70

### 4-year-olds

Long Jump—1, Kalyope Miller 5-1; 2, Allyson Smith 4-6

50—1, Allyson Smith 14.48; 2, Kaylope Miller 14.50

100—1, Kaylope Miller 23.95

200—1, Kaylope Miller 57.74 (NEW RECORD, old mark 58.70 by Ellen Dougherty)

### 5-year-olds

Long Jump—1, Sophie Swanson 5-3; 2, Emily Oberle 5-2

50—1, Sophie Swanson 12.50; 2, Emily Oberle 13.37

100—1, Sophie Swanson 25.00; 2, Emily Oberle 25.86

### 6-year-olds

Long Jump—1, McKenna Bricker 6-2; 2, Jessica Hansen 4-6

50—1, Jessica Hansen 9.62; 2, McKenna Bricker 10.28; 3, Kayla Lupkes 10.69

100—1, Jessica Hansen 20.30; 2, McKenna Bricker 21.82

200—1, McKenna Bricker 59.69

### 7-year-olds

Long Jump—1, Lakin MacGregor 6-3

50—1, Lakin MacGregor 9.62

100—1, Lakin MacGregor 22.14

### 8-year-olds

Long Jump—1, Tiana Gnat 7-2; 2, Abbie Kirkpatrick 5-5

100—1, Tiana Gnat 18.68; 2, Amanda Oberle 19.48; 3, Rebecca Meister 23.47

200—1, Tiana Gnat 41.68; 2, Abbie Kirkpatrick 50.84; 3, Rebecca Meister 55.26

### 9-year-olds

Long Jump—1, Alyssa Nash 8-9

1600—1, Alyssa Nash 7:27.80

### 10-year-olds

Long Jump—1, Breanna Smith 8-2; 2, Monique Westbrook 8-0; 3, Vianna Miller 7-2

100—1, Breanna Smith 15.76; 2, Vianna Miller 20.86; 3, Monique Westbrook 24.26

200—1, Vianna Miller 45.45; 2, Monique Westbrook 47.28

400—1, Breanna Smith 1:25.23

### 11-year-olds

Long Jump—1, Mercedes Greve 10-4; 2, Kylie Anderson 9-9; 3, Madison Yohe 9-8

100—1, Madison Yohe 15.70; 2, Kylie Anderson 16.38; 3, Mercedes Greve 16.50

200—1, Madison Yohe 34.90; 2, Mercedes Greve 35.50; 3, Kylie Anderson 37.10

400—1, Madison Yohe 1:22.83

12-year-olds

Long Jump—1, Elena Fields 9-0; 2, Cassie Kirkpatrick 8-7

100—1, Elena Fields 17.92

200—1, Cassie Kirkpatrick 37.73; 2, Elena Fields 40.44

400—1, Cassie Kirkpatrick 1:28.07; 2, Elena Fields 1:35.98

13-year-olds

Long Jump—1, Erica Treat-Fields 9-3

100—1, Ellen Dougherty 13.41 (NEW RECORD, old mark 13.90 by Jana Irwin); 2, Erica Treat-Fields

17.05; 3, Autumn Oliver 19.14

200—1, Erica Treat-Fields 38.33

400—1 Ellen Dougherty 1:01.94 (NEW RECORD, old mark 1:07.60 by Alex Wink) ; 2, Erica Treat-Fields 1:30.68

1600 walk—1, Autumn Oliver 15:52

14-year-olds

100—1, Jody Cottrell 21.68

1600 walk—1, Jody Cottrell 16:33

15-year-olds

Long Jump—1, Kayla Greve 13-7

100—1, Kayla Greve 13.62 (NEW RECORD, old mark 13.96 by Jessica Kenagy); 2, Lindsey Harzedk

14.50; 3, Gina Friend 18.75; 4, Maggie Tiller 21.54

200—1, Kayla Greve 28.26 (NEW RECORD, old mark 31.86); 2, Lindsey Harzedk 29.48

400—1, Kayla Greve 1:06.71

1600 walk—1, Maggie Tiller 15:55; 2, Gina Friend 16:28

16-year-olds

100—1, Crystal Wirkler 18.66; 2, Sarah Armstrong 23.34

1600 walk—1, Sarah Armstrong 17:36

17-year-olds

100—1, Jessica Joyce 15.38

400—1, Jessica Joyce 1:15.13

1600—1, Emily Donayer 8:12.32

20-29

100—1, Julie Johnston 16.28

200—1, Julie Johnston 35.01

800—1, Julie Johnston 3:25.40

1600—1, Julie Johnston 6:29.95

30-39

400—1, Jill Miller 1:42.41 (NEW RECORD)

50-59

1600—1, Jannette Domayer 9:58.67 (NEW RECORD)

Male

3-year-olds

Long Jump—1, Cale Bricker 3-7 (TIES RECORD)

100—1, Cale Bricker 33.68

4-year-olds

Long Jump—1, Isaac Hadley 3-11; 2, Logan Riherd 3-9; 3, Adam Kirkpatrick 3-0; 4, Gage Ashlock 2-10

50—1, Logan Riherd 13.16; 2, Adam Kirkpatrick 14.64; 3, Gage Ashlock 14.65; 4, Isaac Hadley 14.85  
100—1, Logan Riherd 30.02; 2, Isaac Hadley 32.69; 3, Gage Ashlock 41.72; 4, Torin Flanigan 1:34.82  
200—1, Gage Ashlock 1:16.00; 2, Isaac Hadley 1:18.00

#### 5-year-olds

Long Jump—1, Connor Kirkpatrick 4-7  
50—1, Connor Kirkpatrick 13.81  
100—1, Connor Kirkpatrick 21.53

#### 6-year-olds

Long Jump—1, Brandon Peters 7-5; 2, Skylar Ashlock 6-8; 3, Chase Kirkpatrick 5-4; 4, Ian Fields 5-0  
50—1, Brandon Peters 10.43; 2, Ian Fields 10.44; 3, Chase Kirkpatrick 13.81; 4, Skylar Ashlock 12.07  
100—1, Brandon Peters 20.74; 2, Ian Fields 21.17; 3, Skylar Ashlock 25.89  
200—1, Ian Fields 45.43; 2, Skylar Ashlock 1:02.71  
1600—1, Brandon Peters 8:38.0

#### 7-year-olds

Long Jump—1, Austin Peters 8-0; 2, Graham Palsma 6-0  
50—1, Graham Palsma 8.77; 2, Austin Peters 9.42  
100—1, Austin Peters 19.0; 2, Graham Palsma 19.29  
200—1, Austin Peters 39.10; 2, Graham Palsma 43.98  
1600—1, Austin Peters 7:27.50 (NEW RECORD, old mark 7:55.0 by Curt Treft)

#### 8-year-olds

Long Jump—1, Jake Lilly 8-11; 2, Cole Schoenfeld 7-7  
100—1, Jake Lilly 15.99; 2, Cole Schoenfeld 19.93  
200—1, Jake Lilly 38.74; 2, Cole Schoenfeld 39.90; 3, Jeff Klynsma 50.85  
400—1, Jeff Klynsma 1:53.97

#### 9-year-olds

Long Jump—1, Carter Lilly 9-11; 2, Jason Lupkes 9-10; 3, Trevor Hansen 7-9  
100—1, Carter Lilly 15.99; 2, Jason Lupkes 18.92; 3, Trevor Hansen 19.22  
200—1, Carter Lilly 34.56; 2, Brandon Pankey 38.20; 3, Trevor Hansen 43.08  
400—1, Brandon Pankey 1:24.62

#### 10-year-olds

Long Jump—1, William Dougherty 9-7; 2, Gage Martin 9-3  
100—1, William Dougherty 16.74; 2, Luke Peters 17.53; 3, Gage Martin 17.80  
200—1, Luke Peters 34.42; 2, Gage Martin 40.01  
800—1, Gage Martin 3:25.40  
1600—1, Jake Mize 6:52.40  
3200—1, Jake Mize 14:28.11

#### 11-year-olds

Long Jump—1, Mitchell Bertrand 7-3  
800—1, Mitchell Bertrand 4:29.72  
1600—1, Mitchell Bertrand 8:20.09

#### 12-year-olds

100—1, Destin McCauley 13.25 (NEW RECORD, old mark 13.47 by Dustin Carter)  
200—1, Destin McCauley 26.66 (NEW RECORD, old mark 27.87 by Dustin Carter)

#### 13-year-olds

Long Jump—1, Matt Lupkes 14-1; 2, Kane Martin 12-5  
100—1, Matt Lupkes 12.84  
200—1, Matt Lupkes 27.74

1600—1, Kane Martin 6:15.25

17-year-olds

Long Jump—1, Ehi Oamen 19-7 (NEW RECORD, old mark 18-9 by Darin DeVries)

19-year-olds

100—1, Billy Mallett 10.89 (NEW RECORD, old mark 11.23 by Paul Houfek)

200—1, Blair Lawton 24.40

400—1, Blair Lawton 54.20

20-29

100—1, Ron Bay 11.73

400—1, Ron Bay 53.79; 2, Calvin Ashlock 1:03.74

800—1, Greg Meister 2:02.02

30-39

100—1, Tom Green 12.22

200—1, Tom Green 24.40

1600—Dave Nash 4:34.02

## July 10, 2005

### FEMALES

#### 2 years

Long Jump—1, Natasha Freiberg 1-8

3 years

50—1, Gabby Hoag 21.49

#### 4 years

50—1, Kortney Fethkenher 12.82

100—1, Kortney Fethkenher 27.27

200—1, Kortney Fethkenher 1:00.81

#### 5 years

Long Jump—1, Kalyope Miller 6-4 ½; 2, Sophie Swanson 5-3 ¾

50—1, Kalyope Miller 11.21; 2, Sophie Swanson 12.11

100—1, Kalyope Miller 24.09; 2, Sophie Swanson 25.06

200—1, Kalyope Miller 56.17

#### 6 years

50—1, Anna Sealey 10.73

100—1, Anna Sealey 26.35

#### 7 years

Long Jump—1, Kelsea Fethkenher 6-10

50—1, Kelsea Fethkenher 10.82; 2, Emma Sealey 11.90

100—1, Kelsea Fethkenher 21.85; 2, Emma Sealey 23.33

#### 9 years

100—1, Alyssa Nash 18.76

400—1, Alyssa Nash 1:29.43

#### 10 years

Long Jump—1, Vianna Miller 6-9 ¼

100—1, Vianna Miller 20.80

200—1, Vianna Miller 45.90

#### 11 years

Long Jump—1, Mercedes Greve 10-11

100—1, Mercedes Greve 17.84

200—1, Mercedes Greve 36.86

**13 years**

100—1, Dannika Nash 16.08  
400—1, Dannika Nash 1:18.05

**14 years**

Long Jump—1, Joanna Fravel 13-2 ½

**15 years**

100—1, Kayla Greve 14.12  
200—1, Kayla Greve 31.59  
400—1, Kayla Greve 1:07.32

**20-29**

100—1, Julie Johnston 16.88  
200—1, Julie Johnston 34.97  
400—1, Julie Johnston 1:17.59  
1600—1, Julie Johnston 6:27.00

**50-59**

100—1, Kathleen Welch-Patterson 22.13 (NEW RECORD)  
200—1, Kathleen Welch-Patterson 42.33 (NEW RECORD)  
1600—1, Kathleen Welch-Patterson 7:17.48 (NEW RECORD, old mark 9:58.68 by Jannette Domayer)

**MALE****3 years**

Long Jump—1, Zion Robinson 2-7 ½  
50—1, Henry Sealey 16.24; 2, Zion Robinson 16.91  
100—1, Henry Sealey 35.87; 2, Zion Robinson 36.00  
200—1, Zion Robinson 1:16.36

**4 years**

Long Jump—1, Logan Riherd 4-0; 2, Micah McWell 3-8; Austin Freiberg 3-7  
50—1, Micah McWell 11.58; 2, Austin Freiberg 12.46; 3, Logan Riherd 19.80  
100—1, Micah McWell 25.66; 2, Austin Freiberg 28.35; 3, Logan Riherd 37.15  
200—1, Micah McWell 1:02.36

**6 years**

Long Jump—1, Ezekiel Robinson 7-0 ¾  
50—1, Ezekiel Robinson 11.40  
100—1, Ezekiel Robinson 24.05  
200—1, Ezekiel Robinson 50.87

**7 years**

Long Jump—1, Austin Peters 10-2 (TIES RECORD); 2, Noah McWell 8-8 ¾  
50—1, Austin Peters 9.43; 2, Noah McWell 9.80  
100—1, Noah McWell 18.55; 2, Austin Peters 19.14  
200—1, Noah McWell 37.34; 2, Austin Peters 37.56

**8 years**

Long Jump—1, Corby Barnes 8-0 ½; 2, Cole Schoenfeld 7-0  
100—1, Cole Schoenfeld 19.98; 2, Corby Barnes 20.59  
200—1, Corby Barnes 44.08

**9 years**

100—1, Matthew Lewis 21.47  
200—1, Matthew Lewis 42.24

**13 years**

100—1, Spencer Zook 13.91

**16 years**

100—1, Kalen Kluender 12.50  
1600—1, Hamza Farah 5:23.35

**17 years**

100—1, Joe Roman 13.38; 2, Brian Guillaume 13.58  
1600—1, Josh Lewis 4:51.95

**18 years**

Long Jump—1, Ehi Oamen 19-10 1/8 (NEW RECORD, old mark 19-7 by Ehi Oamen)

100—1, Patrick Carstensen 12.70  
800—1, Patrick Carstensen 2:12.02

**20-29**

Long Jump—1, Isi Oamen 22-4 5/8 (NEW RECORD, old mark 21-8 by Isi Oamen); 2, Wade DeVries 21-11 ¼; 3, Mike Orlando 17-8 1/8

100—1, Wade DeVries 11.40; 2, Isi Oamen 11.68; 3, Mike Orlando 12.04; 4, Jama Farah 12.36; 5, Ron Bay 12.37; 6, Greg Meister 13.32

200—1, Greg Meister 25.14; 2, Jama Farah 25.74

400—1, Ron Bay 53.63; 2, Greg Meister 55.78; 3, Mark Pieper 57.78

800—1, Jama Farah 2:09.06

**30-39**

100—1, Dave Nash 12.03; 2, Jonathan Hoag 14.78

200—1, Dave Nash 23.82; 2, Brent Copple 29.94

400—1, Dave Nash 51.83

800—1, Brent Copple 2:28.33; 2, Jonathan Hoag 2:38.50

3200—1, Brent Copple 11:35.31; 2, Jonathan Hoag 11:46.64

**40-49**

100—1, Jeff Stone 12.58; 2, Kevin Vanderlinden 13.47

200—1, Kevin Vanderlinden 26.71

**70 & Older**

Long Jump—1, Phil Snyder 11-4 (NEW RECORD)

100—1, Phil Snyder 15.80 (NEW RECORD)

## **Aug. 14, 2005**

### FEMALE DIVISION

#### 3 Years

Long Jump—1, Avery Palsma 2-6.5

50—1, Avery Palsma 13.28

100—1, Avery Palsma 33.09

#### 4 Years

Long Jump—1, Katie Meister 3-3.75

100—1, Katie Meister 39.52

#### 5 Years

Long Jump—1, Sophie Swanson 5-0.5; 2, Kalyope Miller 3-10.5

50—1, Kalyope Miller 10.51; 2, Sophie Swanson 13.08

100—1, Kalyope Miller 21.88; 2, Sophie Swanson 25.33

200—1, Kalyope Miller 54.36

400—1, Kalyope Miller 2:13.6

#### 6 Years

Long Jump—1, Andrea Glover 4-7.5; 2, Anna Sealey 4-3

50—1, Anna Sealey 9.71; 2, Andrea Glover 11.29

100—1, Andrea Glover 21.51; 2, Anna Sealey 22.47

200—1, Andrea Glover 47.67

#### 7 Years

Long Jump—1, Emma Sealey 5-1.5

50—1, Brooklynn Olesen 9.08; 2, Emma Sealey 10.05

100—1, Brooklynn Olesen 20.84; 2, Emma Sealey 22.74

400—1, Brooklynn Olesen 1:56.48

### 8 Years

Long Jump—1, Tianna Gnat 8-6  
100—1, Tianna Gnat 19.23  
200—1, Tianna Gnat 46.88  
400—1, Rebecca Meister 1:57.42

### 9 Years

Long Jump—1, Sydney Smith 8-7.75; 2, Hailey Hinds 8-4.75; 3, Kassitti Balomenos 8-0.25  
100—1, Sydney Smith 18.94; 2, Kassitti Balomenos 20.12  
200—1, Hailey Hinds 40.97  
400—1, Hailey Hinds 1:40.24; 2, Sydney Smith 1:46.18  
1600—1, Alyssa Nash 7:04.61

### 10 Years

Long Jump—1, Monique Westbrook 7-7.5; 2, Vianna Miller 6-7.75  
100—1, Vianna Miller 19.75; Monique Westbrook 21.10  
200—1, Vianna Miller 41.78; 2, Monique Westbrook 45.00  
400—1, Monique Westbrook 1:44.26

### 11 Years

Long Jump—1, Mercedes Greve 9-9.5; 2, Brittney Copple 8-5.25  
100—1, Mercedes Greve 16.63; 2, Brittney Copple 17.88  
200—1, Mercedes Greve 35.73; 2, Brittney Copple 42.15  
800—1, Brittney Copple 3:36.20  
1600—1, Brittney Copple 7:12.33

### 12 Years

Long Jump—1, Elena Fields 9-5.75  
100—1, Elena Fields 18.2  
200—1, Elena Fields 40.48  
400—1, Elena Fields 1:35.69

### 13 Years

Long Jump—1, Erica Wordekemper 11-2.5; 2, Erica Fields 9-2.5  
100—1, Erica Fields 17.18  
200—1, Erica Fields 36.25

### 15 Years

100—1, Kayla Greve 14.29  
400—1, Kayla Greve 1:11.83

## MALE DIVISION

### 1 Year

50—1, Matt Peters 31.44

### 3 Years

Long Jump—1, Henry Sealey 3-0  
50—1, Henry Sealey 13.1; 2, Luke Olesen 14.9  
100—1, Henry Sealey 30.87

### 5 Years

Long Jump—1, Matthew Balomenos 4-0.75; 2, Gage Ashlock 2-9.75  
50—1, Matthew Balomenos 11.1; 2, Gage Ashlock 11.6  
100—1, Gage Ashlock 34.0  
200—1, Gage Ashlock 45.93

#### 6 Years

Long Jump—1, Landon Smith 5-8.5; 2, Isaiah James 5-5.5; 3, Skylar Ashlock 4-5.5  
50—1, Brandon Peters 8.3; 2, Landon Smith 9.1; 3, Skylar Ashlock 10.3  
100—1, Brandon Peters 20.69; 2, Isaiah James 23.55; 3, Skylar Ashlock 24.84  
200—1, Landon Smith 44.06; 2, Brandon Peters 45.52; 3, Skylar Ashlock 58.79  
400—1, Brandon Peters 1:49.68

#### 7 Years

100—1, Austin Peters 18.26  
200—1 Austin Peters 41.20  
400—1, Austin Peters 1:28.68 (NEW RECORD, old mark 1:28.80 by Jake Clarahan)

#### 8 Years

Long Jump—1, Jake Lilly 8-8; 2, Trooper James 6-5.5  
100—1, Zarek Steed 16.04; 2, Jake Lilly 18.67; 3, Trooper James 21.57  
400—1, Zarek Steed 1:24.07

#### 9 Years

Long Jump—1, Carter Lilly 11-0.25; 2, Nathan Hinds 8-4.75; 3, Marcus Redwing 7-2  
100—1, Carter Lilly 15.46; 2, Marcus Redwing 22.17  
800—1, Jake Mize 3:47.50

#### 10 Years

100—1, Luke Peters 20.36; 2, Trae Wingert 23.25  
200—1, Luke Peters 44.46; 2, Trae Wingert 1:02.39  
400—1, Luke Peters 1:50.84  
800—1, Jake Mize 3:21.0  
1600—1, Jake Mize 7:04.21  
3200—1, Jake Mize 14:42.36

#### 14 Years

1600—1, Damian Brand 5:25.35 (NEW RECORD, old mark 5:27.6 by Kyle Vanderlinden)

#### 17 Years

Long Jump—1, Ehi Oamen 19-7; 2, Julius Mason 17-8.5  
100—1, Julius Mason 11.07; 2, Ehi Oamen 12.6  
200—1, Julius Mason 22.53 (NEW RECORD, old mark 23.46 by Julian Flemister)  
400—1, Julius Mason 53.66 (NEW RECORD, old mark 54.60 by Abdier Marero); 2, Ehi Oamen 58.11  
800—1 Josh Lewis 2:05.63  
1600—1, Josh Lewis 5:24.63

#### 19 Years

Long Jump—1, Clifton Mason 19-11

#### 20-29

Long Jump—1, Isi Oamen 22-9 (NEW RECORD, old mark 22-8 1/8 by Isi Oamen)  
100—1, Wade DeVries 11.48; 2, Isi Oamen 11.74; 3, Ron Bay 12.14  
200—1, Wade DeVries 23.39  
400—1, Isi Oamen 58.60  
800—1, Ron Bay 2:08.36; 2, Greg Meister 2:21.03

#### 30-39

Long Jump—1, Lynn Olesen 16-10.5  
100—1, Tom Green 12.08; 2, Mike Weltz 12.31; 3, Lynn Olesen 12.5  
400—1, Lynn Olesen 1:03.16

40-49

Long Jump—1, Jim Balomenos 14-4

100—1, Kevin Vanderlinden 12.98; 2, Jim Balomenos 14.9

200—1, Kevin Vanderlinden 26.26

50-59

400—1, Bob Prince 1:01.49 (NEW RECORD, old mark 1:09.50 by Ron Christophers)